



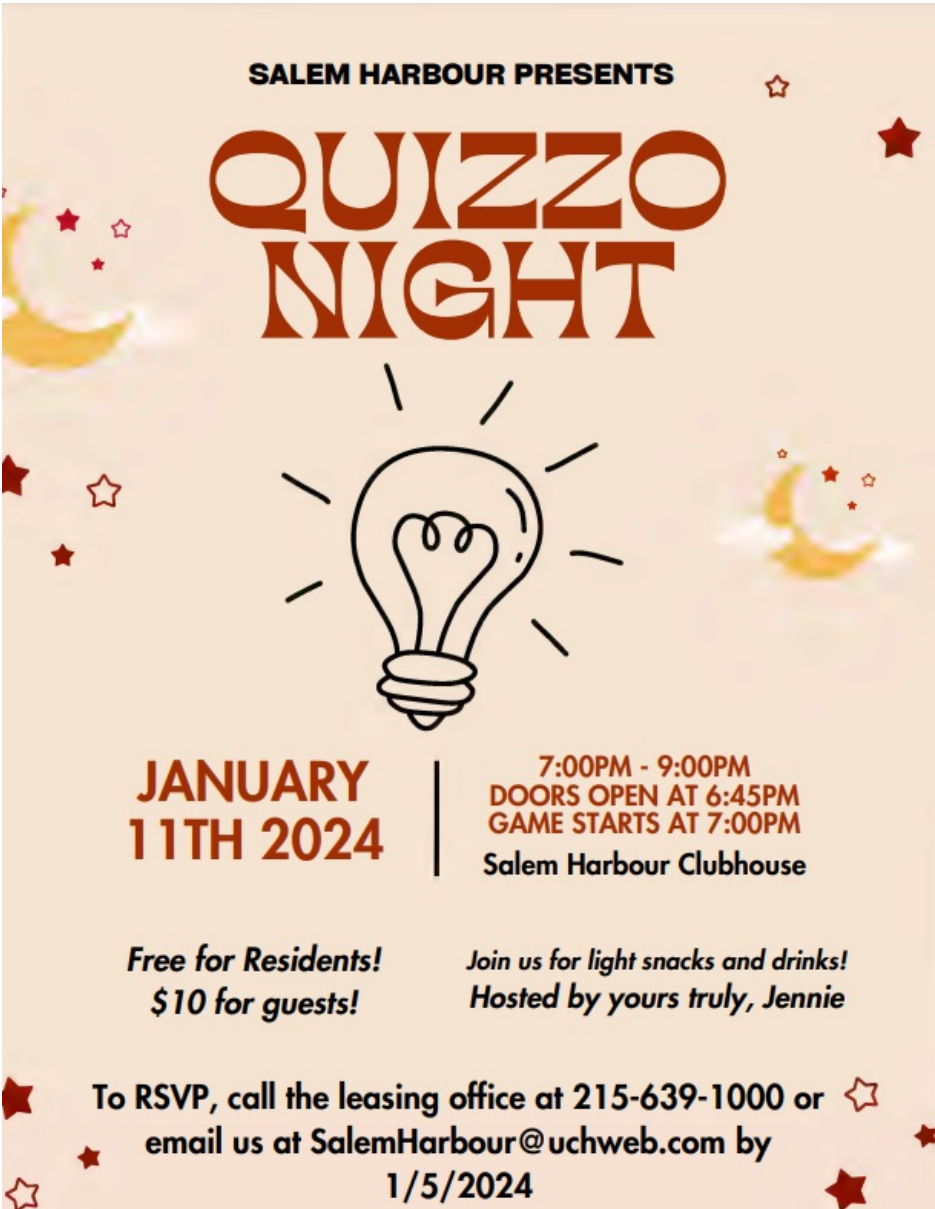
Welcome 2024



It's a new year and that means that you're starting to evaluate your goals for 2024! It can be a little overwhelming, but luckily, *NPR's Life Kit* has created a New Year's Resolution Planner. Whether you want to ask for a raise, declutter your apartment, or just have more fun, their collection of expertly-curated resources are here to help!



*Visit Philly* always has their thumb on the pulse of everything fun in Philly. For the new year, they've collected a list of all the big events, festivals, etc that they know are coming to our city this year. So pull up your calendar and get ready to save the date!



RSVP FOR QUIZZO

## Resident Poll

In 2024 I want to...

Focus on health & fitness.

Select

Learn something new.

Select

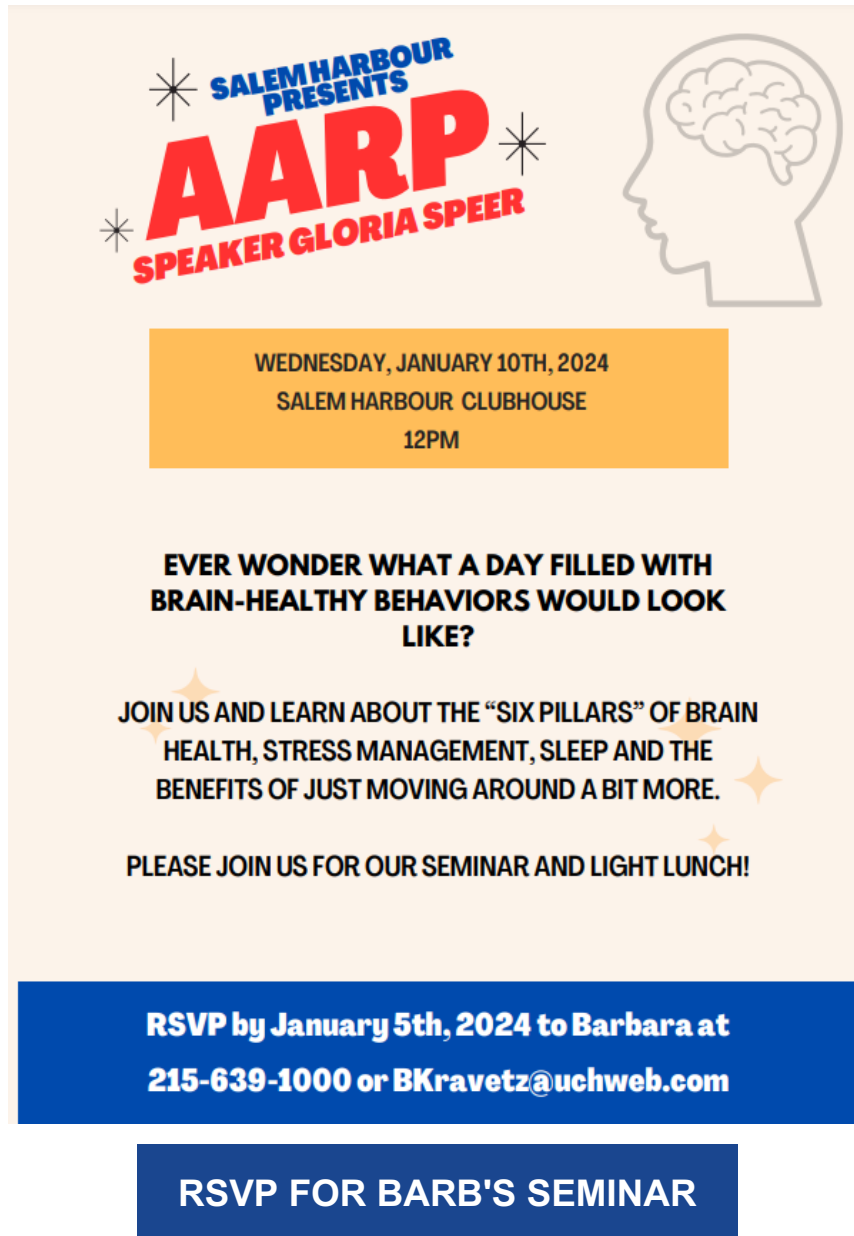
Elevate my career.

Select



## Barb's Bulletin Board

Our Resident Liaison, Barb, makes sure there's always something fun to do at Salem Harbour!

A poster for an AARP seminar. At the top left, it says "SALEM HARBOUR PRESENTS" in blue, followed by "AARP" in large red letters, and "SPEAKER GLORIA SPEER" in red below it. To the right is a line drawing of a human head in profile with a brain inside. Below this is an orange box containing the date and time: "WEDNESDAY, JANUARY 10TH, 2024", "SALEM HARBOUR CLUBHOUSE", and "12PM". In the center, bold black text asks: "EVER WONDER WHAT A DAY FILLED WITH BRAIN-HEALTHY BEHAVIORS WOULD LOOK LIKE?". Below that, smaller black text says: "JOIN US AND LEARN ABOUT THE 'SIX PILLARS' OF BRAIN HEALTH, STRESS MANAGEMENT, SLEEP AND THE BENEFITS OF JUST MOVING AROUND A BIT MORE." and "PLEASE JOIN US FOR OUR SEMINAR AND LIGHT LUNCH!". At the bottom is a blue box with white text: "RSVP by January 5th, 2024 to Barbara at 215-639-1000 or BKravetz@uchweb.com". Below the poster is another blue box with white text: "RSVP FOR BARB'S SEMINAR".

**SALEM HARBOUR PRESENTS**  
**AARP**  
**SPEAKER GLORIA SPEER**

WEDNESDAY, JANUARY 10TH, 2024  
SALEM HARBOUR CLUBHOUSE  
12PM

**EVER WONDER WHAT A DAY FILLED WITH  
BRAIN-HEALTHY BEHAVIORS WOULD LOOK  
LIKE?**

JOIN US AND LEARN ABOUT THE "SIX PILLARS" OF BRAIN  
HEALTH, STRESS MANAGEMENT, SLEEP AND THE  
BENEFITS OF JUST MOVING AROUND A BIT MORE.

PLEASE JOIN US FOR OUR SEMINAR AND LIGHT LUNCH!

**RSVP by January 5th, 2024 to Barbara at  
215-639-1000 or BKravetz@uchweb.com**

**RSVP FOR BARB'S SEMINAR**

### Barb's Weekly Meetings

Barbara Kravetz, our Resident Liaison, has resumed weekly resident meetings. Residents are encouraged to stop by to get to know their neighbors, ask questions, and share ideas.

### Schedule

- Mondays: 10am-12pm, Lobby of Bayswater
- Wednesdays: 10am-12pm, Lobby of Gatehouse | 12pm-2pm Clubhouse
- Fridays: 10am-12pm, Lobby of Mooresgate

## Friendly Reminders

- Smoking is prohibited in all common areas of Salem Harbour.
- Please refrain from dumping trash anywhere but the dumpsters.
- No speeding in the community, please maintain 15mph.
- For the safety of all residents, please keep hallways clear.
- Skateboarding is not allowed in the community.
- **Midrise residents: Unless you know them, please do not buzz-in or open the door to non-residents.**

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Maintenance emergencies that occur after the office closes should be called into the emergency on-call number 215-639-1522.

As a reminder, the following are considered maintenance emergencies:

- toilet blockage (in one bath apartments)
- sink blockage
- any type of flood
- total power failure
- fire
- gas smell
- no heat
- lock out (for which there is a \$75.00 charge)

## Apartment Resources

### Cardinal Point Security Group

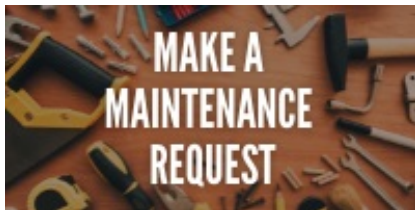
Phone: 866.237.7240

- Please contact one of our patrol officers after normal business hours if you have issues with noise and/or disturbance, or see any cars without a Salem Harbour parking sticker that are not parked in the designated guest lots.

### J&J Auto Towing

Phone: 267.393.6662

- Please contact J&J if you see any cars without a Salem Harbour parking sticker that are not parked in the designated guest lots for a prolonged period of time.



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